Dear Rector, Dear President of Montenegrin Olympic Committee.

Dear conference president, conference delegates, students and professors, colleagues, ladies and gentlemen.

I am so excited to have a chance to give a speech at the opening ceremony of the 16th edition of the annual scientific conference of the Montenegrin Sports Academy. I speak on behalf of one of the organizing institutions, the Faculty for Sport and Physical Education at University of Montenegro and have that privilege to thanks all partners and their representatives who contribute this edition of our conference to keep the expected quality and innovate some segments of the previous edition took place in Budva, Montenegro. Judging from the available statistics, I can freely say, this conference is one of the most recognized conference in the field of Sports Sciences in the Europe.

This year conference is the most attended conference ever that is organized by Montenegrin Sports Academy and Faculty for Sport and Physical Education at University of Montenegro. Lots of delegates, 222 registered from 42 countries and all inhabited continents, decided to attend it and share their recent investigations and ideas. However, it is interesting that we have just 70 females, comparing to 152 males, but I do believe the Female Investigator Award might distract this trend in the future and promote our annual conference among the female population. From our point of view, as organizers, I would like to announce six invited speeches from the recognized scientists, five very interesting workshops, as well as 78 oral and 69 poster presentation. On the other hand, I would like to highlight the main focus is directed again to the students and this year, we have hosted 32 students and prepared for them, parallel to the conference programme, the CEEPUS Training School under the title "HOW TO PREPARE, WRITE AND PUBLISH A SCIENTIFIC PAPER IN SPORT SCIENCES" and four 3/hours lectures that will be given by professors from University of Montenegro, University of Split and University of Novi Sad. I also do believe, this beautiful location will satisfy all their needs, both the scientific and the needs for the fun and companionship.

As every year, I would like to welcome invited speakers, then oral and poster, as well as workshop presenters, training school lecturers and trainees, accompanied by all non-presenting delegates to enjoy the stay in one of the most beautiful town in the world.

I wish you beneficial work in the following days. Have a valuable and informative enough conference.

Cheers.